

U.F.R.A. NEWS



Meet up with new friends and old and learn how to fold beautiful origami (like the delicate red flower pictured above) at Afternoon Tea in March

Afternoon Tea and the Art of Origami

Afternoon Tea is often one of the last events we hold in the fiscal year. It's casual with a focus on conversation over light snacks, tea and wine. In recent years, we've sometimes added a cultural focus to the afternoon - such as a performance of Japanese shamisen. This year we are pleased to have Mrs. Yoshiko Okada, an expert in the art of Origami - Japanese paper folding. She will demonstrate and teach us some of the basics. Long a resident in our area, she has also lived in Milan for ten years. She started to learn how to fold origami six years ago. She was much impressed with what she could express through a piece of paper. She taught children at an International School for two years and has never forgotten their happy faces after they made the Origami. She would like many people to know this miraculous world that can emerge from a single piece of paper.

Date: Saturday, 10 March, from 3:00 - 5:00 pm.

Venue: Wave 101

Pay Your Dues (or else!)

It's time to clean up our membership roll! From April, we are going to be examining the status of our members. Those who have not paid their dues for the past three years will be removed from our member list. Do you want to continue to support UFRA and receive our newsletter? Please pay up! Call the UFRA office with your questions.

Happy New Year

Following a relatively mild end of the year, January has delivered a fierce cold snap featuring some of the lowest Kanto temperatures in decades as well as the first snow storm in four years. There's also an influenza epidemic that's out of control and plenty of upsetting news from the usual suspects - geopolitics, the world economy, energy and the environment. But fortunately we also have UFRA to help lighten up the mood! And this year, as always, we are planning a wide range of events, including lectures, cultural events, cooking classes, bake sales and parties. So please join us! And bring your family and friends!

Our World Today

2018 kicks off with our annual Our World Today lecture. Wayne Yasutomi will speak on **Being Nikkei in Multicultural Hawaii**

Mr. Yasutomi lived for approximately 30 years in Hawaii before moving to California and then Tokyo. He received a B.A. and M.A. from the University of Hawaii in Political Science, and an MBA from UC Berkeley. He is a great fan of Hawaiian music and plate lunches.

Date: Saturday, 3 March, from 3:00 - 4:00 pm.

Venue: International Center at Il Mare

The lecture is FREE. Call the UFRA office for more information.

Sudanese Cooking with Sarra

Sarra Eltayeb, a Sudanese who has been living in Japan for over a decade, would like to introduce us to preparing - and enjoying! - some authentic Sudanese and Middle Eastern dishes. Over the past year, her cooking lessons have become quite popular. Get ready to prepare the ingredients, cook and enjoy tasting them together. Sarra hopes the participants will learn how to prepare a few simple dishes they can then try at home. She plans on teaching dishes that are delicious, yet easy to make, such as Felafel and Chicken and Vegetable Stew.

Date: Saturday, 14 April, from 11:00 - 14:00.

Venue: The kitchen at Hinode Kominkan

Fee: ¥700 per person (children may attend for free)

This event is limited to 20 persons. More details will be posted on the website, Facebook page, and the March newsletter.

UFRA Office: Urayasu City Hall, Local Network Section. 1-1-1 Nekozone, Urayasu-shi, Chiba-ken
279-8501 Tel: (047) 351-1111, ext. 14108 Fax: (047) 351-8600

The UFRA Website: <http://www.urayasufra.org> **Email:** urayasufra@gmail.com

Facebook Group: <https://www.facebook.com/groups/175156219277961/>